



HEALTH & HEALING SECRETS

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One night, I awoke to feel the most amazing energetic force-field around my body. It was as if a loving partner was hugging me warmly. This was not physically possible at the time because my husband had been killed three years previously. When I began to relax and understand this phenomenon I realized that it was another energy interacting with my own. How wonderful to know that the soul's energy can continue to make itself known in times of need (I was severely depressed at the time).

For me this was the beginning of my research into energy fields. I'd experienced Angelic presence whilst studying ascension techniques with Diana Cooper but I had not really thought about the scientific reasons for such vibrations in our environment. Of course everything in our life is an energetic force of some form – all those vibrating molecules that we learned about in school are now coming into their own. The Universe is definitely trying to communicate with this New Age and is ready to bypass the traditional channels of mediums and psychics by allowing us all to feel and eventually to see for ourselves.

I was told by my husband's spirit to produce 'evidence' for the world to grasp this beautiful energy field around us that can communicate so much for our benefit. The



aura camera was one of the first tools that I could use to show how the human energy field can absorb peripheral energies from other people, crystals and essential oils.

Also, more surprisingly, by calling in the energy of a loved one or pure angelic energy from the 'other dimensions', we can change our own auras. What beautiful changes are produced and recorded by cameras and receptors in the auric field when this happens. The spirit presence from loved ones passed over is often seen as a white ball effect or occasionally an elongated shape next to the client. Different angels create different colours – Archangel Michael has a beautiful blue ray, while the healing green ray of Archangel Raphael often shows in aura photos when people need more physical healing.

If someone does not have the faith to call in outside energies for themselves it is a pleasure to watch their surprise when they have a second aura photograph taken after a five-minute healing session or a short meditation. The aura absorbs the relaxing vibrations provided by the cosmos and the blood pressure is also lowered accordingly. Holistic health recorded at its best.

One of my dreams is to allow the people of the world access to their own soul's healing powers as they learn to interact with the other dimensions in safety and peace without chemical intervention or fear.