



Our Guest speaker Dr. Susan Phoenix

Author of :

OUT OF THE SHADOWS.

A journey back from Grief.

Healer, 'light -worker' and Doctor of Psychology, Susan has known great joy and sadness as a mother, wife, widow and military nurse. As a pioneer for deaf family dynamics and language development, she developed a reputation for her down-to-earth passion for communication. More recently she has devoted her considerable energy into world-wide research of complimentary therapies to treat depression without anti-depressant drugs.

Ten years after the death of her beloved husband, happy, whole and strong, she now uses her skills to help other people to re-discover their strengths and life path. Her aura

photography research is illustrating the value of energy healing techniques for many life problems.

She lived in Eymet, France for seven years before moving to Spain two years ago.

Few books can have covered military nursing, living with terrorism, the SAS, the RUC, the

psychology of grief, angels and spirituality under one cover.

Susan is happy to have combined it all in one lifetime.

An inspiring story of recovery written with humour, a great deal of self deprecation and candour.

www.phoenixplanes.com



OUT OF THE SHADOWS

Our forthcoming luncheons

FEBRUARY 22ND	MARCH 8TH	MARCH 22ND
SPEAKER: DR. TIM ERRINGTON	SPEAKER: CARIN De RONDA	SPEAKER: COLIN LANGTON
SUBJECT: CHIROPRACTIC FOR ANTI-AGEING. 3 COURSE LUNCHEON WINE, COFFEE € 20	SUBJECT: ADAPTING TO LIFE IN A NEW COUNTRY. 3 COURSE LUNCHEON WINE, COFFEE € 20	SUBJECT: FINANCIAL ADVICE FOR WOMEN 3 COURSE LUNCHEON WINE, COFFEE € 20

Our prize draw

GIVEN BY: DR. SUSAN PHOENIX	
AN AURA PHOTOGRAPH AND ANALYSIS	
ORGANISER: CINDY BARNES	
952 780 662 OR 669445825	
cindy@cineli.net	

Special points of interest:

- VALENTINE'S BALL AT MAGNA
- CAFÉ - 14TH FEB. (MANUCARE)
- CALL JAYNE : 952 906 865
-
- HELGE ZANDER—PROFESSIONAL
MUSIC TEACHER : 952 818 336